

CLINICAL NURSING II – PSYCHIATRIC NURSING

PLACEMENT: 2nd YEAR

HOURS OF INSTRUCTION: Theory 150 hours + Practical 800 hours = 950 hours

PURPOSE: This course will help the students to identify scope and accountability of psychiatric nursing practice, independent and collaborative role of advance practitioner in mental health team, participate in management of psychiatric services and plan for in-service education program in the area. Use findings of research in nursing practice and conduct research.

SPECIFIC OBJECTIVES:

At the end of the course the students will be able to:

1. Analyze the problems of mental illness, treatment modalities used in mental illness and the limitations as they exist in the country
2. Explain behavior dynamics of individual and groups
3. Apply knowledge of behavior dynamics in therapeutic process
4. Perform independent therapeutic activities in caring for patients with mental disorders
5. Plan and manage psychiatric services
6. Participate in crisis intervention activities
7. Identify role of advance nurse practitioner in preventive psychiatry services, assist individuals in identifying mental health problems
8. Identify the role of socio-cultural factors in relation to mental health and mental illness and incorporate its implications in community mental health services
9. Appreciate the role of psychiatric nurse in liaison and consultation
10. Identify community services for rehabilitation of mentally challenged and mentally sick individuals
11. Identify strategies for professional development.
12. Prepare material for mass media in the field of psychiatry and mental health
13. Appreciate the role of the advance practitioner in relation to mental services for vulnerable individuals
14. Identify role of advance practitioner in planning and implementation of international, national, state mental health services and programs
15. Identify the role and functions of various professional bodies and organizations in the field of psychiatry and psychiatric nursing.

CONTENT OUTLINE

Unit I Child and Adolescent Psychiatric nursing: Causes, clinical features, assessment, therapeutic modalities and management of disorders of childhood and adolescence

- Review growth and development; normal and abnormal
- Principles of caring & therapeutic nursing interventions for children and adolescents
- Developmental disorders,

- Mental deficiency
- Habit disorders
- Eating disorders,
- Social and Emotional disorders,
- Neurotic disorders in childhood,
- Psychotic disorders in childhood
- Specific disorders occurring in childhood
- Specific disorders occurring in adolescence
- Disorders of conduct and abnormal sexual behavior
- Community Services available for children and adolescents

Unit II Preventive psychiatry and role of psychiatric and mental health nurse:

- Model of prevention
- Primary, secondary and tertiary levels of prevention
- Promotive, preventive, curative, rehabilitative and restorative role & responsibilities of mental health nurse
- Psychiatric rehabilitation and community services govt. and non govt. agencies, and referral system
- Role of mental health nurse in mass communication.

Unit III Emergency psychiatry, related services

- Types of emergencies in psychiatry
- Management of emergencies and role of mental health nurse
- Crisis intervention, Suicide prevention,
- Specific counseling services and agencies

Unit IV Caring for special and vulnerable population:

- Assessment of specific problems, treatment modalities, community services available & role of nurse in managing services for special populations
- Elderly
- Women and children
- Mentally handicapped
- Survivors of abuse, violence (psychological, sexual, social, physical), war, terrorism, disaster
- Patient with HIV/AIDS and other disorders e.g. Cancer
- Destitute, homeless, abandoned
- Wanderers (homeless mentally ill)
- Psychoactive substance users
- Mentally ill with criminal background

Unit V Management of promotive, preventive, curative and restorative settings:

- Developing philosophy, objectives, norms, job descriptions, layout plan, staffing, in-service education of psychiatry and mental health services
- Psychiatry and mental health team; type of personnel and their preparation, role and function
- Methods and techniques of working in psychiatric team
- Types and functions of various psychiatry and mental health services: walk in clinics, counseling centers, OPD, in patient units, rehabilitation centers, Day care centers, child guidance services, Community psychiatric services
- Role and function of mental health nurse in above settings

Unit VI Quality assurance in psychiatric nursing practice:

- Actualizing the psychiatric nursing role:
- Professional performance standards
- Quality control in mental health services
- Nursing audit

Unit VII Advance practice and education in psychiatric nursing and professional development:

- Nursing education: new avenues, various educational programs available
- Continuing education in psychiatry nursing practice
- Use of latest technology for literature search and self development
- Development and evaluation of psychiatry nursing educational programs.
- Development of new models of psychiatry practice
- Research– evidence based practice

Unit VIII Consultation and liaison in psychiatric nursing practice:

- Types of Consultations within the discipline of psychiatry and outside the discipline
- Principles and techniques of consultation
- Types and strategies for collaboration and liaison

Unit IX Use of alternative health care systems in the practice of psychiatry:

- Types of alternative health care systems (Meditation, magnet, naturopathy, hydrotherapy, reflexology, acupressure etc)
- Various treatment modalities used in managing psychiatric and mental health problems
- Role of the nurse related to different alternative therapies