Content Outlines

Unit	Hours	Content
I	20	**Epidemiology** □ Introduction • Concept, scope, definition, trends, History and development of modern Epidemiology • Contribution of epidemiology • Implications □ Epidemiological methods □ Measurement of health and disease: □ Health policies □ Epidemiological approaches • Study of disease causatives • Health promotion • Levels of prevention □ Epidemiology of • Communicable diseases • Non-communicable diseases □ Emerging and re-emerging diseases Epidemics □ National Integrated disease Surveillance Programme □ Health information system □ Epidemiology study and reports □ Role of Community health nurse
Unit II	40	**National Health and Family Welfare Programmes** □ Objectives, Organisation/manpower/resources, Activities, Goals, inter-sectoral approach, implementation, item/purpose, role and responsibilities of community health nurse: • National Vector Borne Disease Control Programm (NVBDCP) • NationalFilaria Control Programme • National Leprosy Eradication Programme • Revised national TB Control Programme • National Programme for Control of Blindness • National Iodine Deficiency disorders Control Progeramme • National Mental Health Programme • National AIDS Control Programme • National Cancer Control Programme • RCH I and II • Non- communicable disease programmes • NRHM - Health Schemes: * ESI * CGHS * Health Insurance

Unit	Hours	Content
III	15	**School Health** □ Introduction: definition, concepts, objectives,. □ Health assessment, Screening, identification, referral and follow up, □ Safe environment □ Services, programmes and plans- first aid, treatment of minor ailments □ Inter-sectoral coordination □ Adolescent health □ Disaster, disaster preparedness, and management □ Guidance and counseling □ School health records - maintenance and its importance □ Roles and responsibilities of community health nurse
IV	15	**International health** □ Global burden of disease □ Global health rules to halt disease spread □ Global health priorities and programes □ International quarantine □ Health tourism □ International cooperation and assistance □ International travel and trade □ Health and food legislation, laws, adulteration of food □ Disaster management □ Migration □ International health agencies –World Health organizations, World health assembly, UNICEF, UNFPA, SIDA, US AID, DANIDA, DFID. AusAID etc □ International health issues and problems □ International nursing practice standards □ International health vis-a vis national health □ International health days and their significance
V	15	**Education and administration** □ Quality assurance □ Standards, Protocols, Policies, Procedures □ Infection control; Standard safety measures □ Nursing audit □ Design of Sub-Centre/Primary Health Centre/ Community health center □ Staffing; Supervision and monitoring-Performance appraisal □ Budgeting □ Material management □ Role and responsibilities of different categories of personnel in community health □ Referral chain- community outreach services □ Transportation □ Public relations □ Planning in-service educational programme and teaching

Unit	Hours	Content
		□ Training of various categories of health workers- preparation of manuals
VI	10	**Geriatric** □ Concept, trends, problems and issues □ Aging process, and changes □ Theories of ageing □ Health problems and needs □ Psycho-physiological stressors and disorders □ Myths and facts of aging □ Health assessment □ Home for aged-various agencies □ Rehabilitation of elderly □ Care of elderly □ Elderly abuse □ Training and supervision of care givers □ Government welfare measures Programmes for elderly- Role of NGOs □ Roles and responsibilities of Geriatric nurse in the community
VII	10	**Rehabilitation** □ Introduction: Concepts, principles, trends, issues, □ Rehabilitation team □ Models, Methods □ Community based rehabilitation □ Ethical issues □ Rehabilitation Council of India □ Disability and rehabilitation- Use of various prosthetic devices □ Psychosocial rehabilitation □ Rehabilitation of chronic diseases □ Restorative rehabilitation □ Vocational rehabilitation □ Role of voluntary organizations □ Guidance and counseling □ Welfare measures □ Role and responsibilities of community health nurse
Unit VIII	10	**Community mental health** □ Magnitude, trends and issues □ National Mental Health Program- Community mental health program □ The Changing Focus of care □ The Public Health Model □ Case Management- Collaborative care □ Crisis intervention □ Welfare agencies □ Population at Risk □ The community as Client • Primary Prevention

Unit	Hours	Content
		• Secondary prevention • Tertiary Prevention □ Community based rehabilitation □ Human rights of mentally ill □ Substance use □ Mentally challenged groups □ Role of community health nurse
IX	**15**	**Occupational health** □ Introduction: Trends, issues, Definition, Aims, Objectives, Workplace safety □ Ergonomics and Ergonomic solutions □ Occupational environment- Physical, social, Decision making, Critical thinking □ Occupational hazards for different categories of people- physical, chemical, biological, mechanical, , Accidents, □ Occupational diseases and disorders □ Measures for Health promotion of workers; Prevention and control of occupational diseases, disability limitations and rehabilitation □ Women and occupational health □ Occupational education and counseling □ Violence at workplace □ Child labour □ Disaster preparedness and management □ Legal issues: Legislation, Labour unions, ILO and WHO recommendations, Factories act, ESI act □ Role of Community health nurse, Occupational health team