# **Question Paper Preview**

#### **Notations:**

- 1. Options shown in green color and with ✓ icon are correct.
- 2.Options shown in red color and with \* icon are incorrect.

PGD in Psychological Counselling 22nd Sep

Question Paper Name: 2021 Shift 3

**Subject Name :** PGD in Psychological Counselling

**Creation Date :** 2021-09-22 19:25:36

**Duration:** 90

Total Marks: 100

**Display Marks:** No

Calculator: None

Magnifying Glass Required?: No

Ruler Required?: No

**Eraser Required?:** No

Scratch Pad Required?: No

Rough Sketch/Notepad Required?: No

**Protractor Required?:** No

**Show Watermark on Console?:** Yes

**Highlighter:** No

Auto Save on Console? (SA type of questions will

be always auto saved ):

Yes

## **PGD** in Psychological Counselling

Group Id :	96835560
Group Maximum Duration :	0
Group Minimum Duration :	90
Show Attended Group? :	No
Edit Attended Group? :	No
Break time :	0
Group Marks :	100
Is this Group for Examiner? :	No
PART	A
Section Id :	96835585
Section Number :	1
Section type :	Online
Mandatory or Optional :	Mandatory
Number of Questions :	100
Number of Questions to be attempted :	100
Section Marks :	100
Enable Mark as Answered Mark for Review and	Yes
Clear Response :	163
Sub-Section Number :	1
Sub-Section Id :	968355110
Question Shuffling Allowed :	Yes

Question Number : 1 Question Id : 9683556184 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No

Correct Marks: 1 Wrong Marks: 0

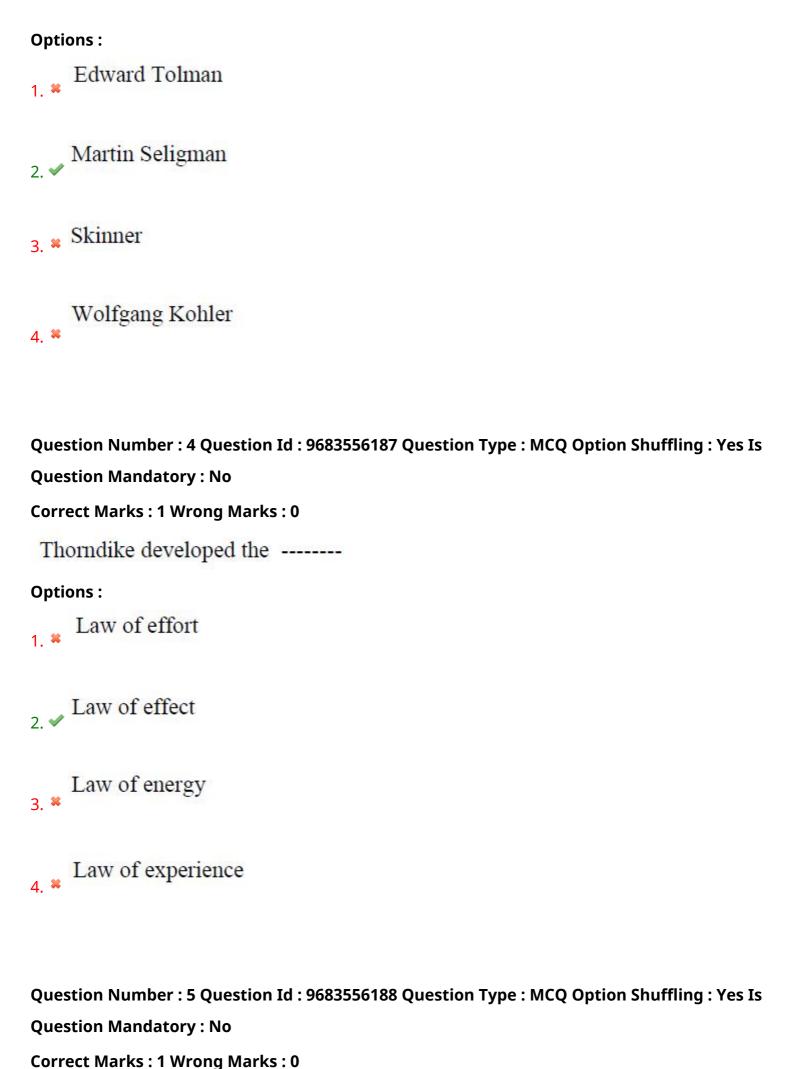
The best known reading methods called SQ3R was first used by ----- in a book called Effective study

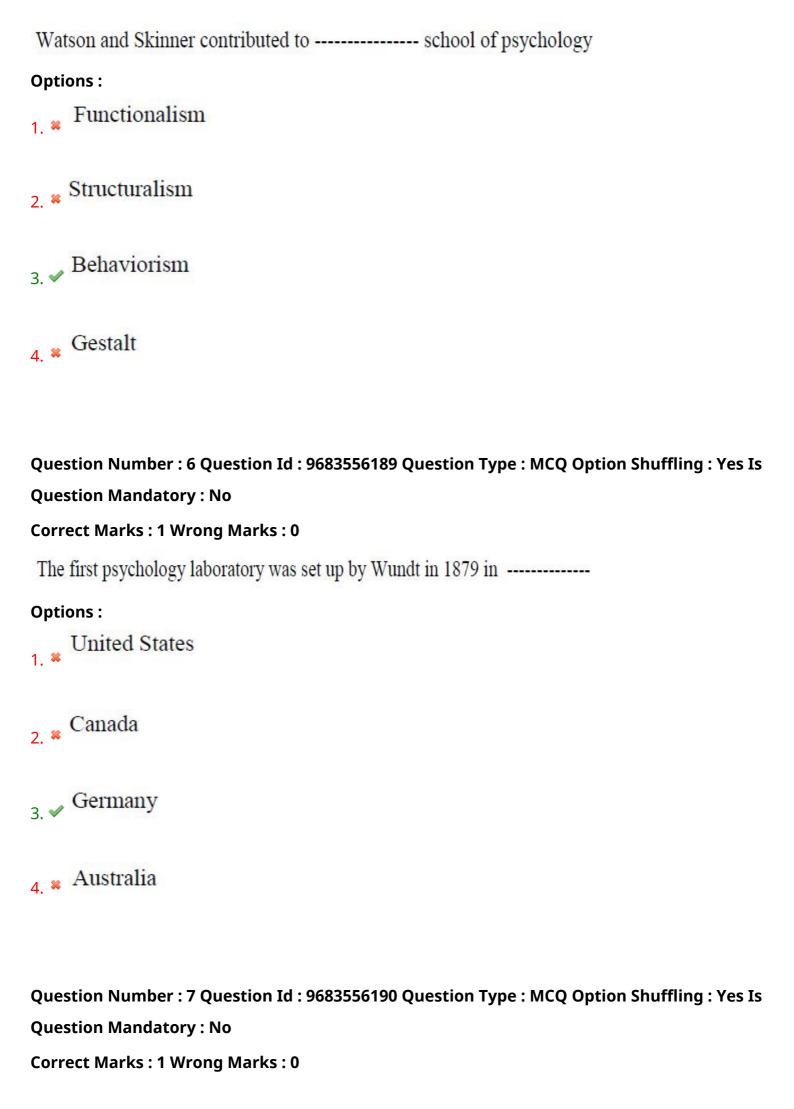
## Options:

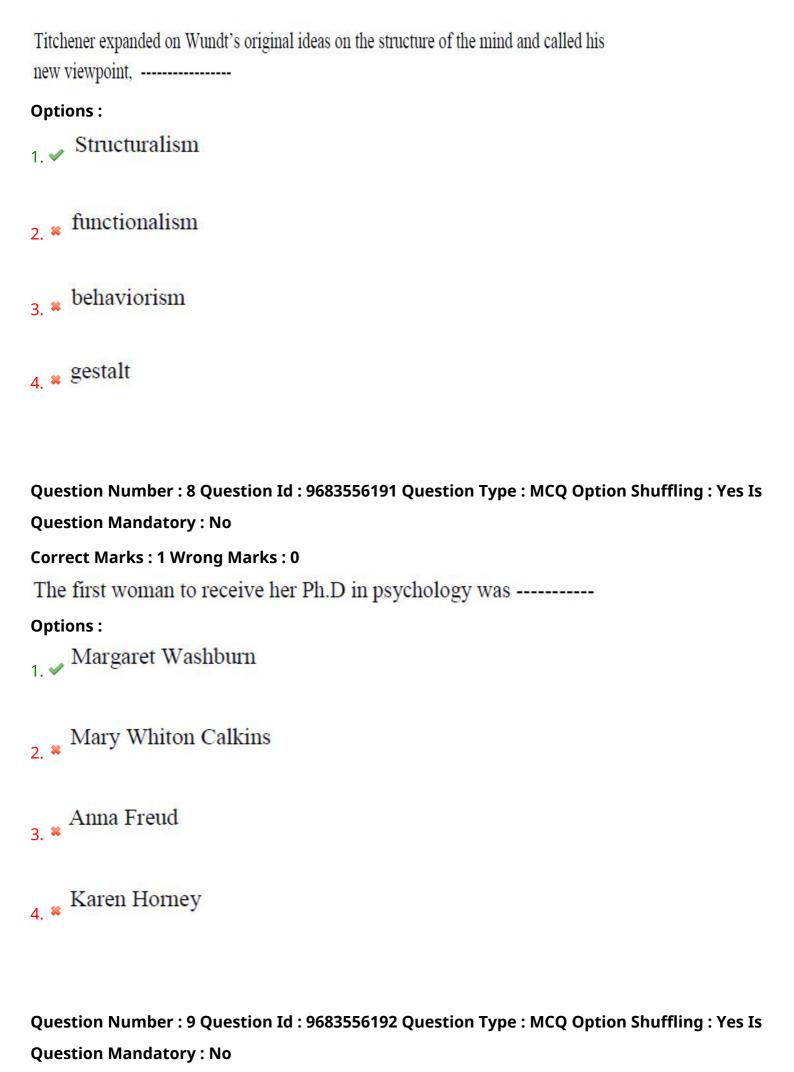
```
B.F. Skinner
    Edward Tolman
W. B. Watson
F.P.Robinson
Question Number: 2 Question Id: 9683556185 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
 ----- 's classic experiment with "Little Albert" and the white rat was a
 demonstration of learning a phobia
Options:
     Garcia
2. Skinner
Watson 3. ✓
    Tolman
Question Number: 3 Question Id: 9683556186 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
```

The term learned helplessness was developed by ------

Correct Marks: 1 Wrong Marks: 0







Correct Marks: 1 Wrong Marks: 0

----- was denied a Ph.D degree in psychology by Harvard University because she was a woman **Options:** Margaret Washburn Mary Whiton Calkins Anna Freud 4. **★** Karen Horney Question Number: 10 Question Id: 9683556193 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 Who was the first woman president of the American Psychological Society? **Options:** Margaret Washburn 2. Mary Whiton Calkins 3. \* Anna Freud

Question Number : 11 Question Id : 9683556194 Question Type : MCQ Option Shuffling : Yes Is

**Question Mandatory: No** 

4. ¥ Karen Horney

## Correct Marks: 1 Wrong Marks: 0

The ----- is the specialized cell in the nervous system that receives and sends messages within that system.

### **Options:**

- 1. \* Dendrite
- axon
- 3. \* soma
- 4. neuron

 ${\bf Question\ Number: 12\ Question\ Id: 9683556195\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

When the neuron's action potential is released, ----- ions are rushing into the axon through openings on the membrane.

## **Options:**

- 1. ✓ Sodium
- potassium
- 3. \* chloride
- 4. \* oxygen

Question Number : 13 Question Id : 9683556196 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
If too little dopamine is released in a certain area of the brain, the result is a disease called
's disease.
Options:
Alzheimer  1. **
Parkinson
3. * Creutzfeldt- Jakob
Pick 4. **
Question Number: 14 Question Id: 9683556197 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
The first neurotransmitter to be identified is
Options:
1. * GABA
Glutamate 2. *
3.  ✓ Acetylcholine
4. * Serotonin

Question Number : 15 Question Id : 9683556198 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
The regulates body temperature, thirst, hunger, sleeping and waking, sexual activity and emotions.
Options:
Thalamus  1. **
hypothalamus 2. ✔
3. * hippocampus
amygdala 4. **
Question Number : 16 Question Id : 9683556199 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
The classic visual cliff experiment was carried out by
Options:
Eleanor Gibson & Walk  1. ✓
Max Wertheimer
Segall 3. *
Stephen Palmer

Question Number : 17 Question Id : 9683556200 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
The farther away an object is, the hazier the object will appear to be. This process is called
Options:
1. ** Overlap
Z. * Texture
3. ✓ aerial perspective
4. * relative size
Question Number: 19 Question Id: 0692556201 Question Type: MCQ Option Shuffling: Ves Is
Question Number : 18 Question Id : 9683556201 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
Which of the following is not a monocular cue for depth?
Options:
1. ✓ Convergence
linear perspective
3. ** overlap

4. \* texture gradient

Question Number: 19 Question Id: 9683556202 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Signal Detection analysis examines our ability to:

#### **Options:**

Tell the difference between blue and green

Detect signals of distress in a baby

Detect the latent meaning of a dream

Separate true signals from background noise

Question Number: 20 Question Id: 9683556203 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Attenuation originally featured in whose model of attention?

#### **Options:**

Broadbent

<sub>2.</sub> ✓ Treisman

Posner

4. Lange

Question Number: 21 Question Id: 9683556204 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The ability to access a visual memory over a long period of time is known as ------

#### **Options:**

Echoic memory

eidetic imagery

3. \* selective attention

4. \* sensory memory

Question Number: 22 Question Id: 9683556205 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

In the context of memory, LTP stands for

## **Options:**

Limited Transfer Potential

2. \* Lateral Temporal Parietal

Latent Timing Probability

Long Term Potentiation

Question Number: 23 Question Id: 9683556206 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

. Using the acronym "VIBGYOR " to studying the colors of the rainbow is a good example of

#### **Options:**

Mnemonic 1. ✓

spacing effect

3. \* visual encoding

4. \* acoustic encoding

Question Number: 24 Question Id: 9683556207 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory : No** 

Correct Marks: 1 Wrong Marks: 0

The kind of memory measurement found in multiple choice tests is

## Options:

1. \* Recall

#### recollection

3. ✓ recognition

reconstruction

 ${\bf Question\ Number: 25\ Question\ Id: 9683556208\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The inhibition of retrieval of recently learned material caused by material learned earlier is called

#### **Options:**

Encoding specificity

2. \* massed-practice effect

proactive interference

retroactive interference

Question Number: 26 Question Id: 9683556209 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

A "rule of thumb" is another name for a

## **Options:**

1. heuristic

algorithm 2. \* 3. \* trial-and-error solution 4. \* means-end analysis Question Number: 27 Question Id: 9683556210 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 ----- are specific, step-by-step procedures for solving certain types of problems **Options:** trial and error 2. \* heuristics 3. ✓ algorithm 4. \* means-end analysis Question Number: 28 Question Id: 9683556211 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The concept of emotional intelligence was first introduced by **Options:** 

```
Goleman
Salovey and Mayer
3. * Sternberg
Gardner
Question Number: 29 Question Id: 9683556212 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
----- believed in a general intelligence factor.
Options:
1. * Sternberg
2. ✓ Spearman
3. * Gardner
    Thurstone
Question Number: 30 Question Id: 9683556213 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
```

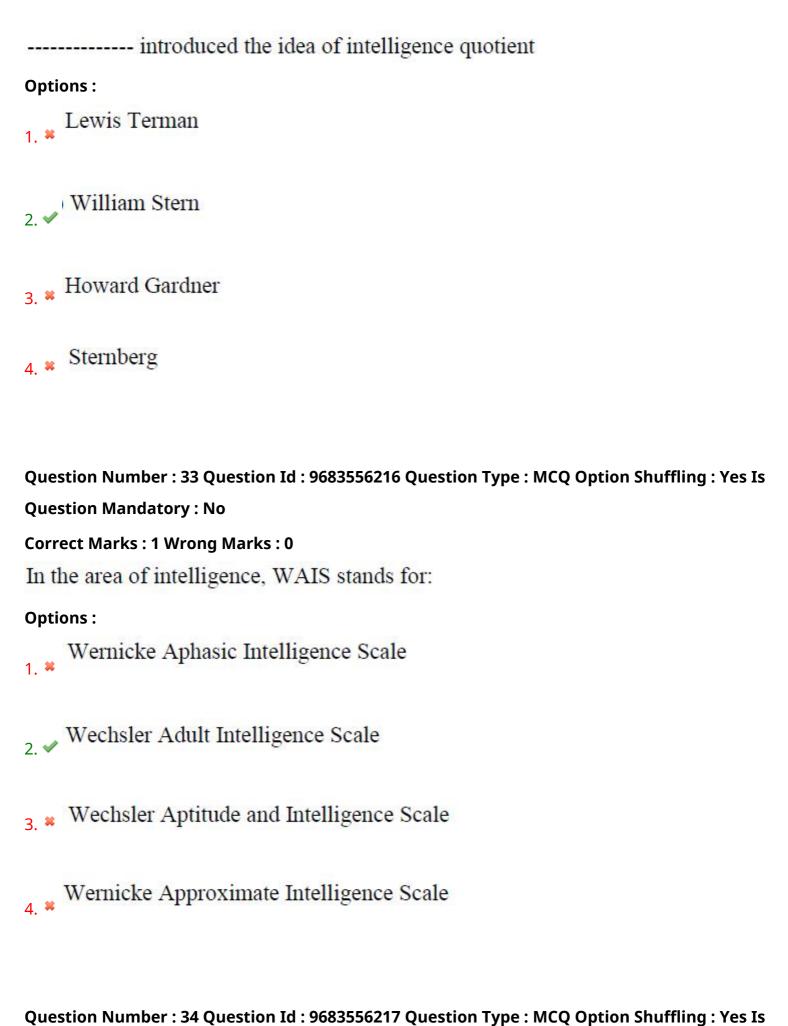
Which of the following is NOT one of Sternberg's Triarchic intelligences?

Options :
1. * creative intelligence
2. * practical intelligence
fluid intelligence 3. ✓
4. * analytical intelligence
Question Number : 31 Question Id : 9683556214 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
In syndrome, a male has thin, frail-looking area on his X chromosome of the twenty-third pair.
Options :
1. * Down's
Fragile X
3. * Turner's
4. * Klinefelter

Question Number : 32 Question Id : 9683556215 Question Type : MCQ Option Shuffling : Yes Is

**Question Mandatory : No** 

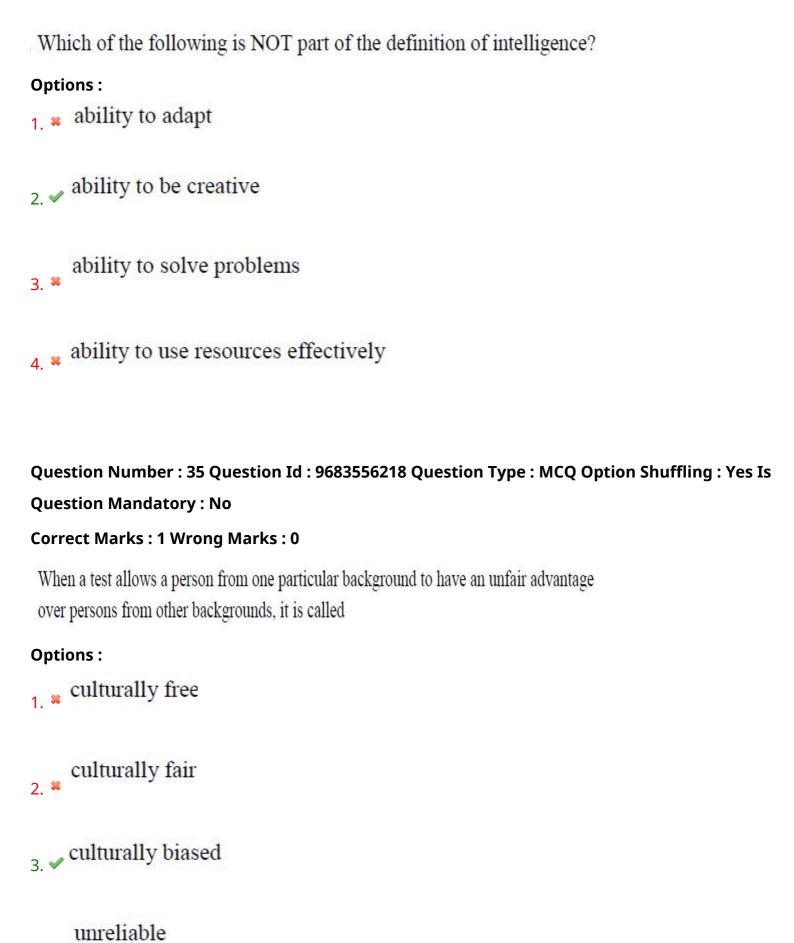
Correct Marks: 1 Wrong Marks: 0



Question Mandatory: No

Question Mandatory . No

Correct Marks: 1 Wrong Marks: 0



 $Question\ Number: 36\ Question\ Id: 9683556219\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is$ 

Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
In familial retardation, the degree of retardation is typically
Options :
1. * severe
profound 2. **
moderate 3. **
<sub>4.</sub> <b>∞</b> mild
Question Number : 37 Question Id : 9683556220 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
refers to the process of giving the test to a large group of people that represents the kind of people for whom the test is designed.
Options :
1. * Norms
standardization 2. ✓
3. * reliability
validity

Question Number : 38 Question Id : 9683556221 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

Correct Marks: 1 Wrong Marks: 0

Rina is 11 years old, but she can answer questions that most 15 year-olds can answer. Fifteen is Rina's

#### Options:

- chronological age
- 2. ✓ mental age
- standard age
- 4. \* IQ

 ${\bf Question\ Number: 39\ Question\ Id: 9683556222\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of the following is one of Gardner's types of intelligence?

## Options:

- 1. \* creativity
- 2. w music
- ethics
- executive skills

Question Number: 40 Question Id: 9683556223 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 Down's syndrome is caused by **Options:** 1. \* brain injury during birth 2. \* poor education chromosomal disorder 3. 🗸 viral infection during childhood Question Number: 41 Question Id: 9683556224 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The author of the hierarchical theory of motivation is: **Options:** Mowrer McClelland Maslow 3. ✓ 4. \* Atkinson

Question Number : 42 Question Id : 9683556225 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
People high in the need for want to be liked by others and are good team players.
Options:
achievement  1. **
affiliation 2. ✓
power 3. **
emotion 4. **
Question Number: 43 Question Id: 9683556226 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
Which of the following is not one of the physiological factors in hunger?
Options:  1. ** stomach
pancreas 2. **
hypothalamus 3. **

corpus callosum
4. ✔

Question Number: 44 Question Id: 9683556227 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

As the basal metabolic rate decreases, the weight set point

## Options:

decreases

2. ✓ increases

stays the same

4. \* varies up and down

Question Number: 45 Question Id: 9683556228 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The ----- may be involved in stopping the eating response when glucose levels go up

#### **Options:**

1. \* lateral hypothalamus

2. ✓ ventromedial hypothalamus

cortex 3. \*

4. \* amygdale

Question Number: 46 Question Id: 9683556229 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of the following is NOT one of the three elements of emotion?

#### **Options:**

subjective experience

2. attention

3. \* physical reaction

behavior

 ${\bf Question\ Number: 47\ Question\ Id: 9683556230\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The theory of emotion that states that the thalamus sends sensory information to the cortex and the sympathetic organs at the same time is the ----- theory

## Options:

James- Lange

2. ✓ Cannon- Bard

Schachter- Singer

4. \* facial feedback

Question Number: 48 Question Id: 9683556231 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

In the ----- theory of emotion, the most important aspect of an emotional experience is the interpretation, or appraisal, of the stimulus.

#### **Options:**

1. cognitive- mediational

2. Cannon- Bard

3. \* James- Lange

4. \* facial feedback

Question Number: 49 Question Id: 9683556232 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory : No** 

Correct Marks: 1 Wrong Marks: 0

The ----- theory of emotion would predict that people with spinal cord injuries that prevent them from experiencing sympathetic arousal would show decreased emotion.

## Options:

James- Lange

2. Schachter- Singer

3. Cannon- Bard facial feedback Question Number: 50 Question Id: 9683556233 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The role of -----, a neurotransmitter that is also implicated in obesity, may provide clues to both bulimia and anorexia **Options:** dopamine 2. \* insulin 3. ✓ serotonin

Question Number: 51 Question Id: 9683556234 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

norepinephrine

Correct Marks: 1 Wrong Marks: 0

In which psychosexual stage might fixation result in a person who is excessively neat and fussy?

## **Options:**

1. oral

```
2. 🗸 anal
3. * phallic
genital
Question Number: 52 Question Id: 9683556235 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
 In which psychosexual stage does the defense mechanism of identification figure
 prominently?
Options:
1. * oral
2. * anal
phallic 3. ✔
4. * latency
Question Number: 53 Question Id: 9683556236 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
 Rogers believed that in order for people to become fully functioning, they must receive --
 ----- from the important people in their lives.
Options:
```

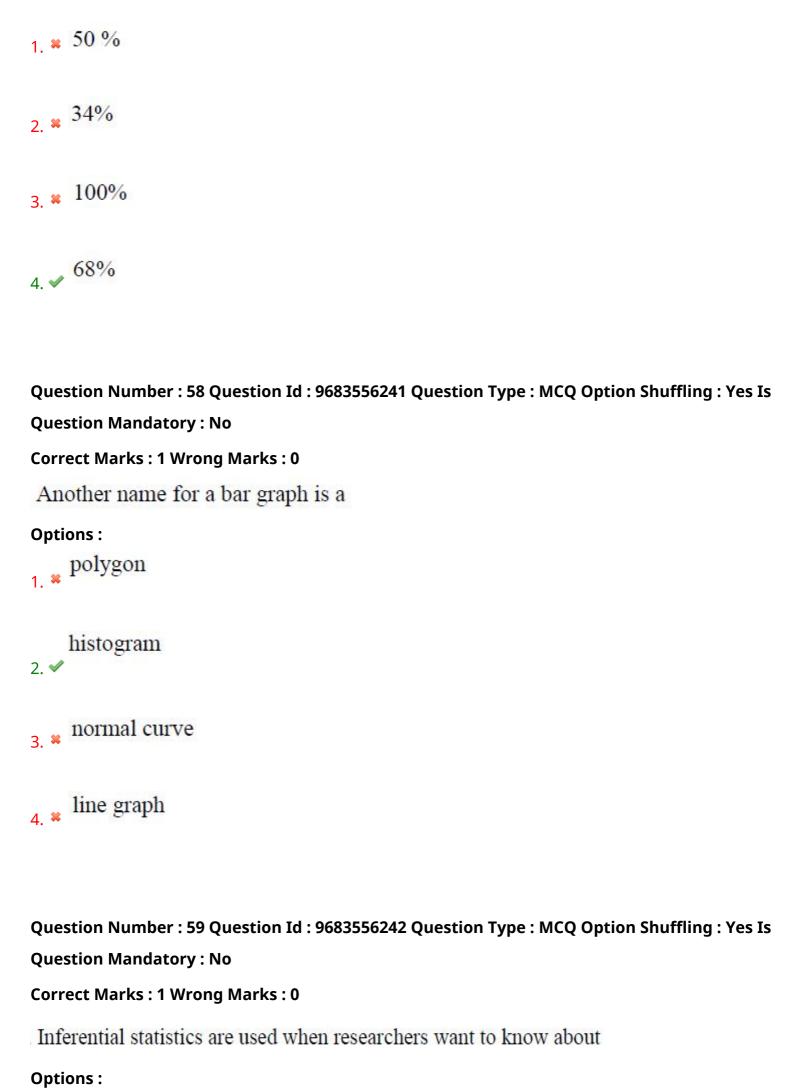
1. \* conditional positive regard 2. \* positive reinforcement unconditional positive regard positive modeling Question Number: 54 Question Id: 9683556237 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 Who believed that traits existed as part of the nervous system? **Options:** 1. Costa and McCrae 2. Cattell 3. Rogers Allport ₄. ✔ Question Number: 55 Question Id: 9683556238 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 Observer bias would be a problem for any of the following methods except **Options:** 

1. \* interview 2. \* projective test direct observation personality inventory Question Number: 56 Question Id: 9683556239 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 In the set of numbers 2,2,2,3,5,5,6,8,15, the median would be **Options:** 1. \* 5.75 2. \* 5.33 3. 🗸 5 4. \* 2 Question Number: 57 Question Id: 9683556240 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** 

What approximate percent of the population is said to fall between one standard deviation above and one standard deviation below the mean on a normal curve?

**Options:** 

Correct Marks: 1 Wrong Marks: 0



the range of the highest to lowest scores 2. causes of differences in data 3. \* central tendencies in data variability in data Question Number: 60 Question Id: 9683556243 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 . The coefficient of skewness of a normal distribution is: **Options:** 1. \* positive negative zero 3. ✔ 4. \* three Question Number: 61 Question Id: 9683556244 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The range of normal distribution is:

**Options:** 

$$4. \checkmark -\infty \text{ to } + \infty$$

Question Number: 62 Question Id: 9683556245 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Physical attractiveness is most involved in which of the following aspects of persuasion?

**Options:** 

the message

the audience

4. \* the media

Question Number: 63 Question Id: 9683556246 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

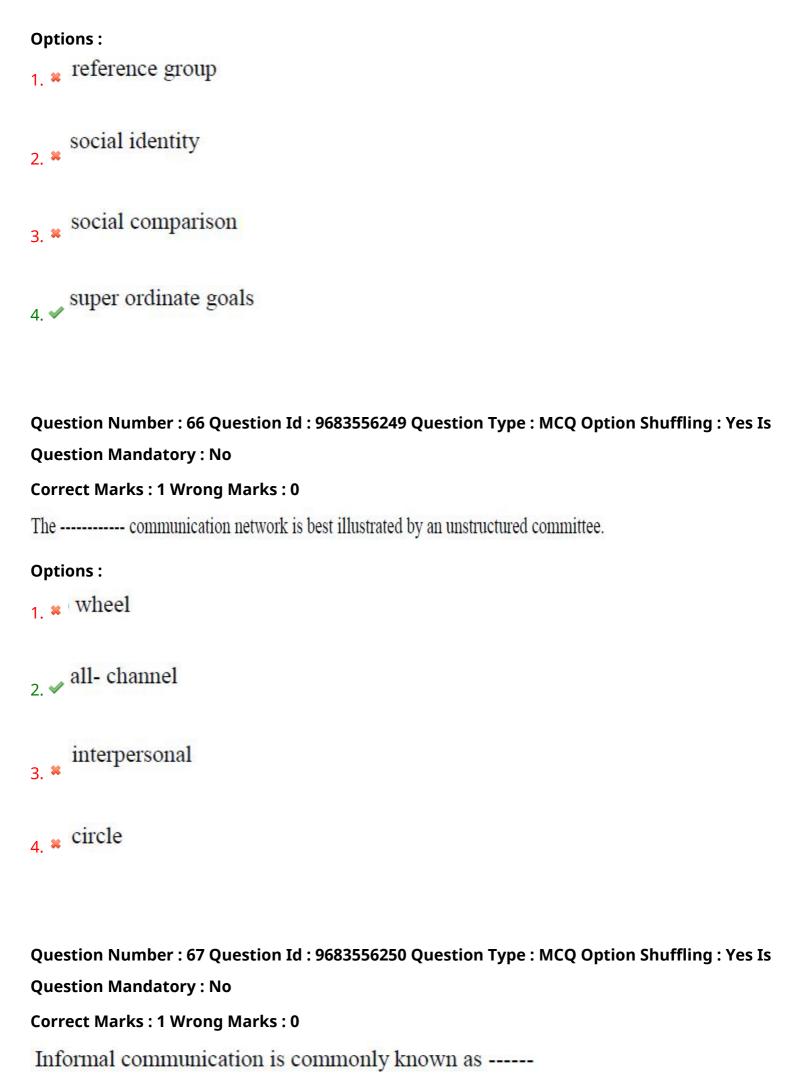
Correct Marks: 1 Wrong Marks: 0

Mental patterns that represent what a person believes about certain types of people are called

Options:

```
1. ✓ schemas
stereotypes
3. * attributions
4. * attitudes
Question Number: 64 Question Id: 9683556247 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
The behavioral component of prejudice is
Options:
discrimination
stereotyping
    implicit personality theorizing
    holding a negative attitude toward a person
4. 🗱
Question Number: 65 Question Id: 9683556248 Question Type: MCQ Option Shuffling: Yes Is
Question Mandatory: No
Correct Marks: 1 Wrong Marks: 0
```

Which of the following is not an element of social identity theory?



Correct Marks : 1 Wrong Marks : 0
Question Mandatory : No
Question Number : 69 Question Id : 9683556252 Question Type : MCQ Option Shuffling : Yes Is
4. * Span of Condor
span of control
delegation of authority 3. **
2. * chain of command
1. ✓ hierarchy levels
Options:
Scalar chain means
Correct Marks : 1 Wrong Marks : 0
Question Mandatory : No
Question Number : 68 Question Id : 9683556251 Question Type : MCQ Option Shuffling : Yes Is
4. **
horizontal communication
3. ✓ grapevine
2. * upward communication
downward communication  1. **
darana da anno di anti an

According to Sternberg, the emotional and physical arousal a person feels for another is the ----- component of love

# Options:

- intimacy
- passion 2.
- commitment 3. \*
- psychological

Question Number: 70 Question Id: 9683556253 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

A person who is very low in self- worth I less likely to be affected by the

# Options:

- 1. \* halo effect
- 2. \* mere exposure effect
- need complementarity effect
- reciprocity of liking effect

 $Question\ Number: \textbf{71}\ Question\ Id: 9683556254\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is$ 

**Question Mandatory: No** 

# Correct Marks: 1 Wrong Marks: 0 Which of the following has not been studied as a cause of aggressive behavior? **Options:** frustration pain 3. alcohol 4. 🗸 marijuana Question Number: 72 Question Id: 9683556255 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The area of the brain that is most involved in aggression is the **Options:** amygdala 1. ✔ pineal gland 3. \* cerebellum 4. \* cortex

Question Number: 73 Question Id: 9683556256 Question Type: MCQ Option Shuffling: Yes Is Question Mandatory: No

# Correct Marks: 1 Wrong Marks: 0 The "Robber's Cave" experiment showed the value of ----- in combating prejudice **Options:** jigsaw classrooms 2. v equal status contact subordinate goals stereotyping vulnerability Question Number: 74 Question Id: 9683556257 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 The self-fulfilling prophecy is a negative outcome of **Options:** social identity 2. \* reference grouping scapegoating stereotype vulnerability 4. ✓

Question Number : 75 Question Id : 9683556258 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No

### Correct Marks: 1 Wrong Marks: 0

Some researchers believe that Milgram's results were a form of the ----- technique of persuasion.

#### **Options:**

foot-in-the-door

2. \* door-in-the-face

3. \* lowball

4. \* that's-not-all

Question Number: 76 Question Id: 9683556259 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Two basic types of panic attacks described in DSM -5:

#### **Options:**

experienced and inexperienced

2. v expected and unexpected

3. \* called and uncalled

done and undone

Question Number: 77 Question Id: 9683556260 Question Type: MCQ Option Shuffling: Yes Is

Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
The triple vulnerability that describes the development of anxiety was given by
Options:
James 1. **
2. ** Wolpe
3. * Freud
4. ✓ Barlow
Question Number : 78 Question Id : 9683556261 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No
Correct Marks : 1 Wrong Marks : 0
Psychodynamic theory as developed by Freud saw phobia as:
Options:
Repressed ego
2. ✓ repressed id impulses
Repressed superego 3. **
repressed defense mechanisms

Question Number: 79 Question Id: 9683556262 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

**Correct Marks: 1 Wrong Marks: 0** 

Which of the following is a drug treatment for social phobia?

#### **Options:**

Serotonin reuptake inhibitors

2. \* antibiotics

antipsychotic drugs

4. \* anti-inflammatory drugs

Question Number: 80 Question Id: 9683556263 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

In OCD one of the most important dysfunctional beliefs has been defined as inflated responsibility. This is

## **Options:**

an inability to take responsibility for one's actions

delusions of grandeur

the belief that one has power which is pivotal to bring about or prevent subjectively crucial negative outcomes.

3. 🗸

increased sense of self- importance

Question Number: 81 Question Id: 9683556264 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Historically, Dementia praecox was a disease first identified by

#### **Options:**

1. \* Freud

2. Beck

Watson

4. ✓ Krepelin

Question Number: 82 Question Id: 9683556265 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Misinterpretations of perceptions or experiences in Schizophrenia are known as

# Options:

hallucinations

misperceptions

3. 

✓ delusions

4. avolition

Question Number: 83 Question Id: 9683556266 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

In Major Depression, which of the following is a significant neurotransmitter?

# Options:

serotonin 1. ✔

norepinephrine

3. \* dopamine

4. \* GABA

Question Number: 84 Question Id: 9683556267 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Lower levels of activation in the prefrontal cortex results in:

# Options:

failure to regulate emotions

deficit in the will to change

failure to anticipate incentives

inability to understand the cortex of affective reactions

Question Number: 85 Question Id: 9683556268 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

**Correct Marks: 1 Wrong Marks: 0** 

Seligman's theory of depression proposed that life experiences could give rise to a cognitive set termed:

### **Options:**

introjection

negative triad

learned helplessness

attribution theory

Question Number: 86 Question Id: 9683556269 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of these statements is true regarding acute stress reaction disorder and posttraumatic stress disorder (PTSD)?

#### **Options:**

both disorders can occur at any time following a traumatic event

- 2. \* acute stress disorder occurs only in children, while PTSD can occur at any age
- PTSD is not diagnosed until after 4 weeks following the traumatic event

acute stress disorder describes symptoms in someone who was not present at an incident, while PTSD takes place only in those who were present

Question Number: 87 Question Id: 9683556270 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which branch of science investigates the relationship between stress and the nervous system and the immune system?

# **Options:**

neurolinguistics

psychoneuroimmunology

sociology

adaptive immunology

 ${\bf Question\ Number: 88\ Question\ Id: 9683556271\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks : 1 Wrong Marks : 0

Stress inoculation refers to reducing your level of stress by-----

downshifting preparing ahead of time for stressful events 3. ₩ medicating utilizing therapy Question Number: 89 Question Id: 9683556272 Question Type: MCQ Option Shuffling: Yes Is **Question Mandatory: No** Correct Marks: 1 Wrong Marks: 0 In Lazarus's Early Transaction Model of stress, what follows primary appraisal? **Options:** an emotional response a behavioral response 3. \* a coping response assessment of one's coping response

Question Number : 90 Question Id : 9683556273 Question Type : MCQ Option Shuffling : Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Cognitive restructuring involves identifying and challenging the accuracy of stress enduring thoughts. Therapists often use the Socratic Method (Beck) which is also known as:

# **Options:**

- 1. \* escorted discovery
- escorted tour
- guided discovery
- guided tour

 ${\bf Question\ Number: 91\ Question\ Id: 9683556274\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which immunization has been controversially linked to the development of autism?

- tetanus
- 2. \* polio
- measles, mumps and rubella
- hepatitis

Question Number: 92 Question Id: 9683556275 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Following withdrawal after extended heavy drinking over a number of years, the drinker may experience:

# Options:

- delirium tremens
- saccadic dysrhythmia
- 3. \* homeostasis
- leptokurtic reaction

 ${\bf Question\ Number: 93\ Question\ Id: 9683556276\ Question\ Type: MCQ\ Option\ Shuffling: Yes\ Is}$ 

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The one factor consistently shown to be the best, single predictor of future violence among juveniles is:

- 1. \* poor school performance
- 2. prior violent behavior
- mental or behavioral disorders

# negative peer relationships

Question Number: 94 Question Id: 9683556277 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

In Restricted Type anorexia nervosa, self- starvation is not associated with which of the following?

## **Options:**

concurrent purging

socializing

body dysmorphic issues

eating only certain food types

Question Number: 95 Question Id: 9683556278 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Teenagers become pregnant because:

## **Options:**

they participate in sexual activity more frequently and at earlier ages than teenagers in the past

2. \* they don't use contraception

3. \*\*

adolescent pregnancy is not as socially stigmatized as it was in the past

all the options

Question Number : 96 Question Id : 9683556279 Question Type : MCQ Option Shuffling : Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

----- is a goal of postvention

#### **Options:**

in the case of death by suicide, to prevent contagion

- to secure the campus against further incidents
- to promote the school districts response to crisis
- to prevent accidents and injuries in the future

Question Number: 97 Question Id: 9683556280 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of the following is a subtype of dramatic/emotional personality disorders (Cluster B)

## Options:

1. \* Paranoid Personality Disorder

2. Schizotypal Personality Disorder

Histrionic Personality Disorder

4. \* Shizoid Personality Disorder

Question Number: 98 Question Id: 9683556281 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

The formalistic similarities between Cluster A disorders and schizophrenia have led researchers to argue that they are a part of a broader

#### **Options:**

- Schizotypical spectrum disorder
- schizophrenia spectrum disorder
- social anxiety spectrum
- broad spectrum disorder

Question Number: 99 Question Id: 9683556282 Question Type: MCQ Option Shuffling: Yes Is

**Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of the following is a behavior technique that has been successfully adapted to treat anxiety-based problems in children?

# Options:

systemic family therapy

2. 

✓ systematic desensitization

cognitive behavioral therapy

electro-convulsive therapy

Question Number: 100 Question Id: 9683556283 Question Type: MCQ Option Shuffling: Yes

**Is Question Mandatory: No** 

Correct Marks: 1 Wrong Marks: 0

Which of the following is not a hallucinogenic?

### **Options:**

1. \* cannabis

MDMA

3. \* LSD

antibiotics 4. ✔