

ISC SEMESTER 2 EXAMINATION
SPECIMEN QUESTION PAPER
PSYCHOLOGY

Maximum Marks: 35

Time allowed: One and a half hour

Candidates are allowed an additional 10 minutes for only reading the paper.

*They must **NOT** start writing during this time.*

Answer all questions in Section A, Section B and Section C.

The intended marks for questions or parts of questions are given in brackets.[]

SECTION A – 7 MARKS

Question 1

- (i) In the context of combating prejudice, _____ is referred to as 'resetting the boundaries between Us and Them'. [1]
- (ii) The level of stress in an individual that is motivating, healthy and improves performance is known as _____. [1]
- (iii) In which type of social influence do individuals change their attitude or behaviour to adhere to existing social norms? [1]
- (iv) Rafeeq does not want to remember the details of the traumatic incident of a robbery that took place when he was at home. He tries to push the memory of this incident from his conscious mind to unconscious mind. [1]
- Identify the defense mechanism used by him.
- (v) Which one of the following is **NOT** the role of an Educational Psychologist in a School? [1]
- (a) Designing of curriculum
 - (b) Improving student teacher relationship
 - (c) Criminal rehabilitation
 - (d) Career Counseling

- (vi) Which type of group is *family* an example of? [1]
- (a) Primary group
 - (b) Secondary group
 - (c) Out group
 - (d) Control group
- (vii) Statistical approaches to abnormality define "abnormal" individuals as those who _____. [1]
- (a) show evidence of loss of contact with reality.
 - (b) are unhappy, withdrawn, and depressed.
 - (c) deviate from typical or average patterns of behaviour.
 - (d) are disabled by anxiety.

SECTION B – 12 MARKS

Answer the following questions briefly.

Question 2 [2]

Give the full form of DSM-IV. Briefly explain Axis – I.

Question 3 [2]

- (i) Briefly explain Realistic Conflict Theory in prejudice with an example.

OR

- (ii) Briefly explain *any two* techniques of persuasion that can be used to change people's attitude.

Question 4 [2]

Geetha has an intensive irrational fear of lizards. During the therapy session, the therapist repeatedly exposes her to the object or situation that causes fear in her. Identify the disorder that Geetha is suffering from. Briefly explain the therapeutic technique used by the therapist.

Question 5 [2]

Your friends are in Class XII and feel pressured by academics. Briefly discuss *any two* effective strategies to reduce their stress and enhance their well-being.

Question 6 [2]

Briefly explain what is meant by leadership in an organisation.

Question 7 [2]

Briefly explain *any two* effects of stress on the health of an individual.

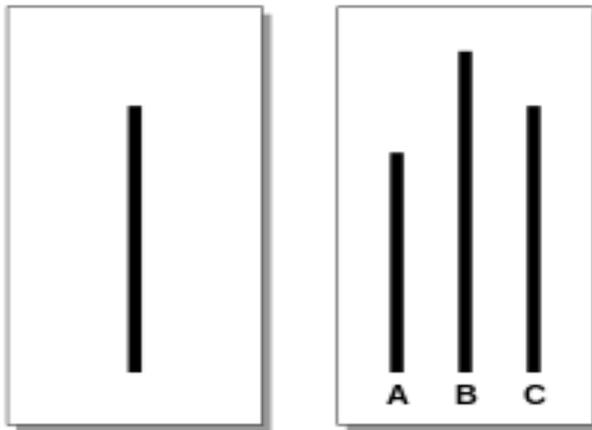
SECTION C – 16 MARKS

Question 8 [4]

Explain how psychology can enhance efficiency, team building, recruitment and marketing in an organization. Give *one point* for each.

Question 9

Study the image given below and answer the questions that follow:



(i) Which classic experimental study has used the illustration given above? [1]

(ii) What were the subjects asked to do in this experiment? [1]

(iii) Briefly explain *any two* factors that influenced the result of this study. [2]

Question 10

Mrs. Sharma, a teacher in a local school sensed smoke coming into her classroom. She was startled and realised that something was wrong and immediately opened the windows and doors. She grabbed the fire extinguisher and guided her students to safety as per the evacuation plan.

(i) Identify the stage of General Adaptation Syndrome at which Mrs. Sharma was when she sensed the smoke. [1]

(ii) According to the Cognitive Appraisal Model, what made Mrs. Sharma realise that something was wrong in the situation? [1]

(iii) Name the last stage of General Adaptation Syndrome model of stress and briefly explain it. [2]

Question 11 [4]

(i) Give *any two* causes and *any two* symptoms of severe depression.

OR

(ii) Give *any two* causes and *any two* symptoms of Obsessive-Compulsive Disorder.