



**JEPAS(PG)-2020**

**Subject: M. Phil in Psychiatric Social Work (M. Phil PSW)-2020**

**Duration: 90 minutes**

**Full Marks: 100**

### Instructions

1. All questions are of objective type having four answer options for each. Only one option is correct. Correct answer will carry full marks 1. In case of incorrect answer or any combination of more than one answer,  $\frac{1}{4}$  mark will be deducted.
2. Questions must be answered on OMR sheet by darkening the appropriate bubble marked A, B, C, or D.
3. Use only **Black/Blue ball point pen** to mark the answer by complete filling up of the respective bubbles.
4. Mark the answers only in the space provided. Do not make any stray mark on the OMR.
5. Write your roll number carefully in the specified locations of the **OMR**. Also fill appropriate bubbles.
6. Write your name (in block letter), name of the examination centre and put your full signature in appropriate boxes in the OMR.
7. The OMR is liable to become invalid if there is any mistake in filling the correct bubbles for roll number or if there is any discrepancy in the name/ signature of the candidate, name of the examination centre. The OMR may also become invalid due to folding or putting stray marks on it or any damage to it. The consequence of such invalidation due to incorrect marking or careless handling by the candidate will be sole responsibility of candidate.
8. Candidates are not allowed to carry any written or printed material, calculator, docu-pen, log table, wristwatch, any communication device like mobile phones etc. inside the examination hall. Any candidate found with such items will be **reported against** & his/her candidature will be summarily cancelled.
9. Rough work must be done on the question paper itself. Additional blank pages are given in the question paper for rough work.
10. Hand over the OMR to the invigilator before leaving the Examination Hall.





- 1) One of the types of Marital Therapy is:
- Four way session
  - Solution focused therapy
  - Psychoanalysis
  - Systemic therapy
- 2) An overly directive counseling approach can lead to a social worker telling a client what to do, rather than allowing the client to discover their way via careful questioning and mutual exploration. When this occurs the MOST likely outcome is:
- Client dependency on the counselor.
  - Limited information and understanding of the client's problems.
  - Reduced client self-determination.
  - Diminished sense of self-worth on the part of the client.
- 3) An interview in which interviewer encourage the respondent to talk freely about a given topic is
- Focused Interview
  - Structural Interview
  - Un Structured Interview
  - Clinical Interview
- 4) The correlation co-efficient tends to lie between.....
- 0 to + 1
  - +1 to +2
  - 0 to -1
  - +1 to -1
- 5) "Each for all and all for each" is a slogan associated with
- Panchayati Raj
  - Co-operation
  - Democratic Spirit
  - NGOs
- 6) In Which Year the Social Diagnosis was done?
- 1914
  - 1913
  - 1922
  - 1917
- 7) An appropriate Release of Information form should have all but one of the following features:
- A place for an agency official to sign for the client if he/she is not available to sign.
  - A place for the name of the person/facility where the information is being released.
  - A place for description of the specific type of information to be released
  - A date upon which the Information Release form terminates (i.e., is no longer valid)
- 8) Integrated Social Work method means :
- Simultaneous use of all social work methods.
  - Using social work techniques in a reasonably responsible manner.
  - Trying out alternative solutions to deal with the problem.
  - Seek the advice of experts and develop the solutions

9) Hormone involved in phototropism is

- a) Vitamin
- b) Kinetin
- c) Auxin
- d) Gibberellin

10) The term .....has a general meaning when it is used to refer to the well being of the member of the community, state or nation.

- a) Social Welfare
- b) Public Welfare
- c) Economic Welfare
- d) Scientific Programme

11) The state having maximum cities is

- a) Uttar Pradesh
- b) West Bengal
- c) Madhya Pradesh
- d) Kerala

12) The process of imbibing one's own culture in one's personality is termed as

- a) Enculturation
- b) Acculturation
- c) Socialization
- d) Sanskritization.

13) Cormier and Hackney described 3 functions of counseling: choose the odd one out :

- a) Motivationalfunction
- b) Educational
- c) Psychoeducational
- d) Evaluative

14) Arrange the following steps in the process of establishment of NGOs in a sequence:

- i. Mission
- ii. Vision
- iii. Strategies
- iv. Objectives

Codes:

- a) i ii iv iii
- b) i ii iii iv
- c) iii iii iv
- d) iii iv iii

15) Match the items of List – I with items of List – II:

List – I

- a. Dissolution of Muslim Marriage Act
- b. Child Marriage Restraint Act
- c. Dowry Prohibition Act
- d. Hindu Marriage Act

Codes: a b c d

- a) i iv iii ii
- b) i iii iv ii
- c) iii iv ii i
- d) i ii iii iv

16) Which of the following causes juvenile delinquency?

- a) Heredity factors
- b) Physical characteristics
- c) Social factors
- d) All of these

- 17) McInnis-Dettrick (1994) recommended that public and private program policy research be conducted using a model known by the mnemonic ANALYSIS. The first seven letters stand for: Approach, Need, Assessment, Logic, Your reaction as a practitioner, Support, and Innovation. The last letter (S) represents:
- Systems response.
  - Social justice.
  - Societal acceptance.
  - Service regulations
- 18) Which of the following is not a principle of Group Work?
- Appropriate modification of the group process.
  - Indifferent attitude towards members.
  - Enabling group members to involve themselves in the process of problem solving.
  - Recognition of unique differences of each individual.
- 19) Without warmth the professional social worker may be 'technically correct but therapeutically impotent' has been said by
- Mary Richmond
  - Florance Hollis
  - Goldstein
  - Gordon Hamilton
- 20) The goal of social work is:
- To reduce social tensions.
  - To provide services to all.
  - To promote social justice.
  - To service the elite
- 21) World Summit on social development was held in the year
- 1963
  - 1995
  - 1996
  - 1998
- 22) Strains and disparities appears in the child's personality on account of
- Social maladjustment
  - Bad environment
  - Parents psychological behaviour towards the child
  - Parents aggressive behaviour in front of the child
- 23) Suresh is studying for her final exam in her psychology class. For every 45 minutes that she studies, she gives herself a mini doughnut, then goes back to studying. What schedule of reinforcement is Suresh using?
- Fixed ratio
  - Variable interval
  - Fixed interval
  - Variable ratio
- 24) Which is not a personality trait associated with Criminal Behaviour ?
- Negative emotionality
  - Sensation seeking
  - Conscientiousness
  - None of the above

25) A scientific explanation that remains tentative until it has been adequately tested is called a(n)

- a) Theory.
- b) Law
- c) Hypothesis.
- d) Experiment

26) Model of group therapy currently used in substance abuse treatment is :

- a) Psychoeducational groups
- b) Skills development groups
- c) Cognitive Behavioral groups
- d) Integrative or holistic therapy groups

27) Which of the following is THE MOST IMPORTANT predictor of bipolar disorder in adolescent depression?

- a) Diurnal variation of mood
- b) Hypomania symptoms after taking antidepressants
- c) Hypersonic
- d) Increased weight

28) Which following statement is not part of Wilson and Herrnstein's Net Advantage Theory on crime

- a) Based on reinforcement and conditioning principles and adds rational choice and individual differences into the theoretical mix
- b) There is little difference among people in their ability to appreciate the immediate short-term positive or negative consequences of their behavior, but there is a difference in the ability to appreciate long-term consequences
- c) Commonsense observation that people vary greatly in their sensitivities and preferences for environmental stimulation and on established psychological findings, that different levels of physiological arousal correlate with different personality and behavioral patterns
- d) Crime is inherently rewarding to human beings and that most of us would commit crime if we were not externally and internally restrained from doing so

29) In 2017, World Health Day theme declared by World Health Organization was

- a) Depression.
- b) Suicide.
- c) Diabetes.
- d) Internet Addiction.

30) Personification is

- a) a method of identifying persons as a resource.
- b) a technique whereby the group worker gives instructions.
- c) a method of working with groups in which the group worker is presented as a model.
- d) a procedure to select working participation.

31) Socialization is a process involving:

- a) Setting up the social norms
- b) Gradual changing of an organism
- c) Declaring everything as belonging to society
- d) Training to adapt to society

32) Who among the following is a proponent of cyclical theory of evolution

- a) T. Parson
- b) Durkheim
- c) O. Spengler
- d) H. Spencer

33) Seizure is also called as

- a) Epilepsy
- b) Psychosis
- c) Atonic
- d) Ictus

34) What is the proper sequence of the following?

i. Members of similar age-group available with interest in recreational activities.

ii. Group becomes cohesive and goals achieved.

iii. Group goals are identified and clearly stated.

iv. Programme planned and carried out.

Codes:

- a) iii iv ii i
- b) i iii iv ii
- c) i ii iii iv
- d) iii iv iii

35) Which of the following identified universal symbolic images that appear in myths, art, dreams, and other expressions of the collective unconscious?

- a) Freud
- b) Jung
- c) Adler
- d) Horney

36) Whose approach in case work is considered as eclectic approach

- a) Florence Hollis
- b) Jasy Taft
- c) H.H Perlman
- d) MARY Richmond

37) The first social work text that used the word 'supervision', is

- a) The New Practice of Supervision and Staff Development by Abels Paul A
- b) Group Methods in Supervision and Staff Development', by Abrahamson Arthur. C
- c) 'Supervision and Education in Charity', by Jeffrey R. Brackett
- d) 'The MSW Supervisor: Problems of Role Transition', by Abramczyk, Lois W

38) Assertion (A): Crime rate in India is increasing day-by-day.

Reason (R): Crime rate is increasing because people lack skills and use illegitimate means to achieve their goals.

Codes:

- a) Both (A) and (R) are true.
- b) (A) is not true and (R) is the explanation of (A).
- c) Both (A) and (R) are not true.
- d) (A) is true and (R) is not the correct explanation of (A)

39) False perceptions, which are not sensory distortions or misinterpretation, and occur at the same time as real perceptions

- a) Delusions
- b) Illusions
- c) Hallucinations
- d) None of above

40) Which is the important objective of interview method:

- a) Direct contact
- b) Eliciting intimate facts
- c) Establishing hypothesis
- d) All of the above

- 41) Assertion (A): Technological advancement adds to the complexity of human society. Reason (R): To keep the advancement giving some of its negative implications need to be understood and dealt with:
- a) Both (A) and (R) are true.
  - b) Both (A) and (R) are not true.
  - c) (A) is not true, but (R) is the explanation of (A).
  - d) (A) is true, and (R) is not true.

- 42) Flynn effect refers to :
- a) The tendency of IQ scores to change over time, and specifically, the apparent increase in intelligence in the general population evidenced by a steady increase in IQ scores
  - b) A total score derived from a set of standardized tests or subtests designed to assess human intelligence
  - c) Cognitive ability and intelligence test that is used to diagnose developmental or intellectual deficiencies in young children
  - d) Low IQ sets individuals on a trajectory, beginning with poor school performance, which results in a number of negative interactions with other people in the school environment

- 43) Behaviour that is contrary to the standards of conduct or social expectations of a group or society, is defined by
- a) Elliot and Merill
  - b) Fuller and Myers
  - c) Louise Weston
  - d) Ogburne

- 44) Taking into consideration that Social Theories specify how features of the social structure that is external to an individual produce observable patterns of drug-using behavior, how can be the Peer Cluster Theory defined?
- a) Suggests that small, identifiable peer clusters determine where, when, and how drugs will be used.
  - b) Suggests that an individual's personality, environment, and behavior are inter-related organized so as to develop a dynamic state designated
  - c) Examine the individual's personality and psychopathology to explain drug abuse as a maladaptive behavior.
  - d) Emphasizes the orderly progression from one drug to another as young people get

- 45) Match the items of List-I with items of List-II:

List – I	List – II
a. Monogamy	i. More than one wife
b. Polygamy	ii. Perfect relationship and living together
c. Consensual union	iii. Some earlier wives have got re-married
d. Serial monogamy	iv. One and only wife

Codes: a b c d

- a) iv i ii iii
- b) i ii iv iii
- c) iv iii i ii
- d) iv i iii ii

- 46) Arrange the following Acts in order in which they were enacted. And select the correct answer using the codes given below:

- i. Payment of Wages Act
- ii. Payment of Gratuity Act
- iii. Minimum Wages Act
- iv. Payment of Bonus Act

Codes:

- a) iii i iv ii
- b) i iv ii iii
- c) ii iv iii i
- d) i iii iv ii

- 47) Which is not a cognitive techniques are?

- a) Activity Scheduling
- b) Graded task Assignment
- c) Relaxation technique
- d) Behavioral Rehearsal

- 48) In which of the following books C.H. Cooley introduced the concept of 'primary group' characterized by intimate face to face association?

- a) Human Groups
- b) The Nature of Human Group
- c) Social Structure
- d) Social Organization



49) Who among the following suggested two tier system for Panchayati Raj?

- a) Balwantraj Mehta
- b) Ashok Mehta
- c) Vasant Rao Naik
- d) None of the above

50) Put the following events in the order of their occurrence:

- i. Charity organisation society (London)
  - ii. Publication of a book on social case work
  - iii. Charity organisation society (USA)
  - iv. Emergence of Freudian theory
- Codes:
- a) i iii ii iv
  - b) iv ii i iii
  - c) i iv ii iii
  - d) iii iv ii i

51) First "Padmashree" in athletics

- a) P.T.Usha
- b) Milkha Singh
- c) Bandhu Singh
- d) None of these.

52) One of the limitations of the survey method is

- a) Observer bias
- b) That it sets up an artificial situation
- c) That replies may not be accurate.
- d) The self-fulfilling prophecy

53) The main functions of superego are, except :

- a) To inhibit impulses from id
- b) Catharsis
- c) To alter the ego's orientation from realistic to moralistic
- d) To encourage the personality to strive for perfection

54) Functional approach in Case Work was developed by

- a) Jessie Taft
- b) Otto Rank
- c) Gordon Hamilton
- d) Talcott Parsons

55) Charity Organisation Society (COS) in USA was established in the year :

- a) 1870
- b) 1877
- c) 1818
- d) 1900

56) Who had used the term SOCIAL ACTION for the first time?

- a) Richmond
- b) Pearlman
- c) Hamilton
- d) Grace Mathew

57) A large kinship group whose members inhabit one geographical area and believe the area descendent from a common ancestor is known as:

- a) Tribe
- b) Kin group
- c) Clan
- d) Class

58) Operationalization of Variables' in social work research means

- a) Making the variables simple enough to understand
- b) Making the variables measurable
- c) Arranging the variables in a logical order
- d) Making the variables fit for research

59) Which one of the following is a good method of teaching

- a) Lecture and dictation
- b) Seminar and Dictation
- c) Seminar and project
- d) Dictation and Assignment

60) Following are the steps of social research. Arrange the steps to prepare a plan of research study:

- (a) Data collection
- (b) Hypothesis
- (c) Problem formulation
- (d) Objectives
- (e) Processing and analysis of data
- (f) Report writing

Codes:

- a) (a) (c) (b) (d) (e) (f)
- b) (b) (c) (a) (d) (e) (f)
- c) (d) (c) (b) (a) (e) (f)
- d) (c) (d) (b) (a) (e) (f)

61) One of the group therapy for de-addiction :

- a) Pragmatic Enrichment Group Program
- b) Exposure therapy
- c) Interpersonal process groups
- d) Play therapy

62) Match the following:

List-I

List-II

- |                  |                                      |
|------------------|--------------------------------------|
| a. Jane Adams    | i. Methods of social work            |
| b. Johari Window | ii. Problem-solving model            |
| c. H.H.Perlman   | iii. Social Diagnosis                |
| d. MaryRichmond  | iv. Known to others: unknown to self |

Codes:

- a) i iv ii iii
- b) i iv iii ii
- c) iii iii iv
- d) iv iii ii i

63) Stage one in the process of counseling is:

- a) Assessment and diagnosis
- b) Relationship building
- c) Intervention and problem solving
- d) Building trust

64) Who among the following suggested two tier system for Panchayati Raj?

- a) Balwantrai Mehta
- b) Ashok Mehta
- c) Vasantnao Naik
- d) None of the above

65) Mean, Median and Mode are:

- a) Measures of deviation
- b) Ways of sampling
- c) Measures of control tendency
- d) None of the above

66) Which is not a part of school social work ?

- a) Preparing a social or developmental history on a child with a disability
- b) Contributing to reducing the stigma associated with substance abuse and mental illness
- c) Mobilizing family, school, and community resources to enable the child to learn as effectively as possible in his or her educational program
- d) Assisting in developing positive behavioral intervention strategies

67) Which of the following strategies describes how a person would extinguish a response using principles of operant conditioning ?

- a) Withhold all reinforcement after responses to the stimulus
- b) Keep subject from being exposed to the stimulus for an extended time
- c) Present the unconditioned stimulus without the conditioned stimulus
- d) Present the conditioned stimulus without the unconditioned stimulus

68) Assertion (A): Psychologists generally agree that Intelligence Quotient (I.Q.) gets affected by environment.

Reason (R): Intelligence Quotient (I.Q.) is a biological trait and it cannot be changed. Codes:

- a) Both (A) and (R) are true.
- b) Both (A) and (R) are not true.
- c) (A) is true and (R) is not true.
- d) (A) is true and (R) is the correct explanation of (A).

69) Skewness tells us about

- a) The direction of the variation or departure from symmetry
- b) Amount of variation in the data
- c) Estimates of the values of variables
- d) The measurement of the scattered values

70)

Assertion (A): Psychologists generally agree that Intelligence Quotient (I.Q.) gets affected by environment.

Reason (R): Intelligence Quotient (I.Q.) is a biological trait and it cannot be changed. Codes:

- a) Both (A) and (R) are true.
- b) Both (A) and (R) are not true.
- c) (A) is true and (R) is not true.
- d) (A) is true and (R) is the correct explanation of (A).

71) In which sample population is divided into different strata and sample is taken from different strata?

- a) Quota Sampling
- b) Snow ball sampling
- c) Stratified sampling
- d) Purposive Sampling

72) Which of the following suggest a low risk for suicide at the time of interview?

- a) Helplessness
- b) Refusal to provide additional information
- c) Remorse regarding suicide attempt
- d) Exhaustion

73) Which one is the highest order of learning

- a) Chain learning
- b) Problem- solving learning
- c) Stimulus- response learning
- d) Conditioned reflex learning

74) The book "Social Diagnosis" was written by

- a) Ross
- b) Joseph Luft
- c) Mary Richmond
- d) Perelman

75) The independent variable in an experiment is

- a) A measure of the subject's behavior.
- b) The subject himself.
- c) The variable that the experimenter chooses to manipulate
- d) Any unwanted variable that may adversely affect the subject's performance

76) Night blindness is caused by a deficiency of—

- a) Iron
- b) Calcium
- c) Water
- d) Vitamin A

77) The 'Group' in the Social Group work is

- a) Spontaneous
- b) Disunited
- c) Formed in a planned manner
- d) Disorganised

78) Which statement is not supported by Bowen's family systems theory?

- a) A family functions as an emotional system wherein each member plays a specific role and must follow certain rules
- b) Even for disconnected members of the family unit or family center overall still has a profound impact on their emotions and actions
- c) Humans evolved to be interdependent on family members or family center to promote cooperation among families for essentials like shelter
- d) All of the above

79) Which is associated with a relatively lower suicide completion risk?

- a) Elderly male
- b) Schizophrenia
- c) Personality disorder
- d) Amphetamine abuse

80) The time interval between invasion by an infectious agent and appearance of first sign or symptom of the disease in question is called

- a) Quarantine
- b) Inoculation
- c) Incubation period
- d) None of the above

81) Social action is a systematic and conscious effort to influence the basic social conditions for social progress.

**Reason (R):** It involves improving social legislative and social policies.

**Codes:**

- a) Both (A) and (R) are true.
- b) (A) is true and (R) is the correct explanation of (A).
- c) (A) is not true and (R) is true.
- d) (A) is true and (R) is not the correct explanation of (R).

82) Extinction occurs when\_\_\_\_\_.

- a) The conditioned stimulus is presented repeatedly without being paired with an unconditioned stimulus
- b) The unconditioned stimulus is presented repeatedly without being paired with a conditioned stimulus
- c) The neutral stimulus is presented repeatedly without being paired with an unconditioned stimulus
- d) The neutral stimulus is presented repeatedly without being paired with a conditioned stimulus

83) Self disclosure is an effective method of \_\_\_\_\_?

- a) Group study
- b) Group diagnosis
- c) Group relations
- d) Group treatment

84) Social structures are

- a) Those aspects of a culture that are held in high regard, are desirable and therefore worthy of emulation.
- b) Principles of right and wrong actions and the rules & laws that govern the acceptable & unacceptable behaviour.
- c) Made up of a set of expectations about how people should behave in certain circumstances.
- d) Methods of placing people in social strata.

85) The extent of difference between population parameter and sample statistic is called....

- a) Statistic
- b) Sampling bias
- c) Sample error
- d) None of the above

86) The basic skill of active listening which is the cornerstone of effective communication is

- a) making a diagnostic formulation of the client as he speaks.
- b) clarify what the client relates without being paternalistic.
- c) evaluate the effect that transference is having on the social worker-client relationship.
- d) understand both what the client & the social worker are saying and the undercurrents of unspoken feelings between the two.

87) Dr. Soreth is teaching a pigeon to peck a green button. First she reinforces the pigeon for turning toward the green button, then for approaching the button, and so on in very small steps. She does this until the pigeon is successfully and consistently pecking the button. What principle of learning is Dr. Soreth using?

- a) Exposure
- b) Extinction
- c) Shaping
- d) Discrimination

88) Which of the following is not a social process?

- a) Accommodation
- b) Acculturation
- c) Assimilation
- d) Annihilation

- 89) Which one of the following is not a part of social case work process?
- Treatment
  - Assessment
  - Study
  - Content Analysis
- 90) Assertion (A): Right to self determination is a principle of social work.
- Reason (R): In social work practice the client is given free hand to decide about his/her future. Codes:
- Both (A) and (R) are true and (R) is correct explanation of (A).
  - Both (A) and (R) are true, but (R) is not the correct explanation of (A).
  - (A) is true, but (R) is false.
  - (R) is true, but (A) is false.
- 91) The basic objective of groupwork is \_\_\_\_\_?
- Personality development
  - Problem solving
  - Readjustment
  - Remediation
- 92) Choose the correct one :
- Case history + psychosocial diagnosis - intervention = psychiatric case work
  - Case history + mental status examination + intervention = psychiatric case work
  - Case history + psychosocial diagnosis - mental status examination = psychiatric case work
  - Case history + mental status examination + diagnostic formulation = psychiatric case work
- 93) Now a days the most effective mode of learning is
- Self study
  - Face -to- face learning
  - e- learning
  - Blended learning
- 94) Who among the following psychologists has developed a theory of personality based on two dimension-introvert and extrovert?
- Carl Jung
  - Hans Eysenck
  - Freud
  - Erich Fromm
- 95) Psychosocial theories that explains crime in society includes all except :
- Arousal Theory
  - Wilson and Herrnstein's Net Advantage Theory
  - Attachment theory
  - Glen Walter's lifestyle theory
- 96) Which of the following is not a part of community organisation?
- To determine the social needs of a community
  - To integrate the specific needs of some individual members of a community.
  - To consciously do planning for meeting the needs of the community.
  - To mobilize community resources to meet the social needs of a community.

**97) A person initially presenting with an episode of mania is classified as:**

- a) Unipolar
- b) Bipolar
- c) Affective disorder
- d) Personality disorder

**98) Assertion (A): Jan ShikshanSansthan provides vocational training courses to the marginalized.**

**Reason (R): Vocational training empowers the beneficiaries who become entrepreneurs. Codes:**

- a) Both (A) and (R) are not true.
- b) Both (A) and (R) are true and (R) is the correct explanation of (A).
- c) (A) is true and (R) is not the correct explanation of (A).
- d) (A) is not true and (R) is true.

**99) In \_\_\_\_\_ the stimulus or experience occurs before the behavior and then gets paired with the behavior.**

- a) Associative learning
- b) Observational learning
- c) Operant conditioning
- d) Classical conditioning

**100) Group morale refers to \_\_\_\_\_?**

- a) Cooperation in a group
- b) Coordination in a group
- c) Unity in a group
- d) Team spirit in a group.

