

Total No. of Printed Pages—7

HS/XII/A/Psy/20

2 0 2 0

PSYCHOLOGY

Full Marks : 70

Time : 3 hours

The figures in the margin indicate full marks for the questions

General Instructions :

- (i) Write all the answers in the Answer Script.
- (ii) Attempt Part—A (Objective Questions) serially.
- (iii) Attempt all parts of a question together at one place.

(PART : A—OBJECTIVE)

(Marks : 22)

SECTION—I

(Marks : 10)

- 1.** Choose and write the most appropriate answer from the choices provided : 1×5=5

(a) An individual's underlying potential for acquiring skills and specific knowledge is known as

(i) values

(ii) interest

(iii) aptitude

(2)

(b) The concept of collective unconscious consisting of archetypes or primordial images was given by

(i) Karen Horney

(ii) Carl Jung

(iii) Erik Erikson

(c) The effect in which the information presented first has a stronger effect than the information presented at the end is called :

(i) Primacy Effect

(ii) Recency Effect

(iii) Halo Effect

(d) Frustration-aggression theory was given by

(i) John Dollard

(ii) Abraham Maslow

(iii) Albert Bandura

(3)

(e) Rational Emotive Therapy was formulated by

(i) Albert Ellis

(ii) B. F. Skinner

(iii) Victor Frankl

2. Indicate whether the following statements are *True* or *False* : 1×5=5

(a) Roles are socially defined expectations that individuals in a given situation are expected to fulfil.

(b) Negative transference is present when the client idolise or falls in love with the therapist and seeks the therapist's approval.

(c) Anxiety disorders have been linked to low activity of a neurotransmitter called gamma-aminobutyric acid (GABA).

(d) The state of physical, emotional and psychological exhaustion is known as Burnout.

(e) Emotional intelligence is a set of skills that underlie accurate appraisal, expression and regulation of emotions.

(4)

SECTION—II

(Marks : 12)

3. Answer the following questions in less than 30 words each : 2×6=12

(a) What is creativity?

(b) What is Oedipus complex?

(c) Define audience.

(d) Give a distinction between natural environment and built environment.

(e) Define noise.

(f) What is Emotional Quotient?

(5)

(PART : B—DESCRIPTIVE)

(Marks : 48)

4. Write short notes on any *four* of the following (up to 60 words each) : 3×4=12

(a) Sentence completion test as a projective technique for assessing personality

Or

Psychological techniques for enhancing self-control

(b) Signs and symptoms of conduct disorders

Or

Substance-use disorders

(c) Self-fulfilling prophecy

(d) Child-rearing as a cause of aggression

(e) Stereotypes

5. Answer the following questions in less than 100 words each : 4×6=24

(a) Describe the structure of personality as explained by Sigmund Freud.

Or

Describe the humanistic approach to personality.

(6)

- (b) What are the various factors underlying abnormal behaviour? Briefly explain any one factor.

Or

Give a brief description on the historical background of the existence of abnormal behaviour.

- (c) Explain some ethical standards that are to be followed in psychotherapy.

Or

Describe Carl Roger's 'Client Centred Therapy'.

- (d) Explain the concept of Pro-social Behaviour.

Or

Explain the strategies for handling prejudice.

- (e) Differentiate between Ingroup and Outgroup.

Or

Explain the difference between cooperation and competition with a relevant example.

- (f) Explain the different strategies to reduce aggression and violence.

Or

Briefly explain the major causes of poverty.

(7)

6. Answer the following questions in less than 200 words each : 6×2=12

(a) Explain the theory of Multiple Intelligence by Howard Gardner.

Or

Briefly describe the different types of intelligence test on the basis of their classification.

(b) What are the sources of stress? Suggest few management techniques to deal with stress.

Or

What is stress? How does it affect the immune system?

★ ★ ★