

**MODEL QUESTION PAPER  
PSYCHOLOGY (2024-25)**

**TIME : 3HRS**

**CLASS-XII**

**MM:60**

Instructions:-

- All questions are compulsory
- Answers should be brief and to the point
- Marks for each question are indicated against it.
- Question number 1-12 are objective type questions carrying 1 mark each. You are expected to answer them as directed.
- Question number 13-21 are short answer type questions carrying 2 marks each. Answer to each questions should be exceed 50 words.
- Questions number 22-27 are long answer type questions carrying 5 marks each. Answer to each question should be exceed 250 words.

**SECTION (I)**

1. If a person has the skill of understanding the motive, feelings and behaviour of other people he/she is said to have (1)
  - A. Interpersonal Intelligence
  - B. Intrapersonal Intelligence
  - C. Linguistic Intelligence
  - D. Social Intelligence
2. Karim when asked to describe about himself describes in following manner. I am Karim, I am honest and hardworking person, I am a singer. I do believe in God and destiny. In this case Karim is disclosing his (1)
  - A. Personal Identity
  - B. Social Identity
  - C. Self Esteem
  - D. Self Efficiency
3. Deepak is in class XII. He is in keen pressure started smoking to the extent that he became a chain smoker. He has recently decided to quit smoking. However, he realised that quitting smoking has led to frustration. The frustration formed due to clocking of needs is a form of: (1)
  - A. Physical stress
  - B. Environmental stress
  - C. Psychological stress
  - D. Social stress
4. For the past six months, Julie has been exhausted, hopeless and unable to enjoy her normal activities. She has no interest in splendid time with friends and is having hard time keeping up at work. The most likely diagnosis is : (1)
  - A. Depression
  - B. Schizophrenia
  - C. Affective Disorder
  - D. Dissociative disorder
5. Cognitive therapy for the treatment of depression was given by (1)
  - A. Albert Ellis
  - B. Sigmed Freud
  - C. Aaron Beck
  - D. None of these.

6. A person has a somewhat positive attitude towards empowerment of women. Reading about successful women made this attitude more positive. This is an example of ..... attitude change. (1)
- Incongruent
  - Congruent
  - Dissonance
  - Cognitive
7. After a long discussion the initial position of the group became stronger thus demonstrating the effect of: (1)
- Group polarisation
  - Group conformity
  - Group think
  - Group confines
8. Choose the correct match for each thereof intelligence and the psychology who proposed it from the codes given below. (1)
- | List I                               |  | List II             |  |
|--------------------------------------|--|---------------------|--|
| 1. One factor theory of intelligence |  | i) Charles Spearman |  |
| 2. Two-factor theory of intelligence |  | ii) J.P. Guelford   |  |
| 3. Structure of intelligence model   |  | iii) Howard Gardner |  |
| 4. Theory of multiple intelligence   |  | iv) Alfred Binet    |  |
- Codes:-
- |            |        |         |          |
|------------|--------|---------|----------|
| A. I-(iv)  | 2-(i)  | 3- (ii) | 4-(iii)  |
| B. I-(iii) | 2- (i) | 3- (ii) | 4-(iv)   |
| C. I-(iv)  | 2-(ii) | 3-(i)   | 4- (iii) |
| D. I-(i)   | 2-(iv) | 3-(ii)  | 4- (iii) |
9. Choose the correct match for each approach to the study of personality and the psychological associated with it from the codes given below. (1)
- |                           |                          |
|---------------------------|--------------------------|
| 1. Type approach          | i) Corden Allporl        |
| 2. Trait Approach         | ii) Sigmeed Freud        |
| 3. Psychodynamic Approach | iii) Fredmann & Rosenman |
- Codes:-
- |            |          |          |
|------------|----------|----------|
| A. I-(ii)  | 2-(i)    | 3- (iii) |
| B. I-(i)   | 2- (iii) | 3- (ii)  |
| C. I-(i)   | 2-(iii)  | 3-(ii)   |
| D. I-(iii) | 2-(i)    | 3-(ii)   |
10. Jasleen is high on critical thinking and can manipulate symbol to solbe numerical problems. She is also high on the ability to understand one's own feelings, motives and desire. Which of the following intelligence are displayed by jasleen? (1)
- Spatial
  - Logical-Mathematical
  - Interpersonal Intelligence
  - Intrapersonal Intelligence
- I and II
  - II and III
  - I and III
  - II and IV
11. Which of the following are dimensions of stress. (1)
- Intensity
  - Duration
  - Predictability
  - Vulnerability
- I, II and IV
  - I, III and IV
  - II, III, and IV
  - I, II, and III

12. While paying bills, Sanjana was suddenly overwhelmed by activity. Her heart pounded, she felt like she couldn't breathe and she became dizzy. This was most likely to be..... (1)
- A. A panic attack
  - B. A dissociative episode
  - C. A manic episode
  - D. A generated anxiety episode

### SECTION -II

13. What are the characteristics of normal probability curve? (2)
14. Differentiate between type and trait approach to personality? (2)
15. Explain the concept of this resistant personality? (2)
16. What are the four D's of abnormality? (2)
17. Explain aversive conditioning technique for behaviour modification? (2)
18. What are the characteristics in the target person that affects attitude change? (2)
19. Differentiate between in-group and out-groups. (2)
20. Case based questions: (2)

Mr. Anshul has a positive attitude toward Dowry he is planning to get his son married to the daughter of Mr. Hemant who has a negative attitude towards Dowry. If Mr. Hemant who has a negative attitude towards Mr. Anshul the situation is considered as unbalanced.

- i) Identify the concept of social attitude and cognition that operates in this case.
- ii) The 'P-O-X' triangles in attitude changes was proposed by:
- iii) Identify the possible outcome in the given case.

21. Case based Question (2)

Samar is a school going child. Due to lockdown he is at home. One day he happens to have an instinct to eat ice-cream cone. However, there is only one ice-cream cone in refrigerator. He wants to grab the cone without asking. He also realise that if he grabs the cone and eat it without asking, he may be punished.

The best way for Samar to achieve gratifications is to ask for permission to eat the cone. In this way he knows that his behaviour is morally correct and this approach towards obtaining the ice cream will not create guilt, fear or anxiety in him.

- I. The intellectual energy of Samar to eat ice-cream cone is deserved from.
- II. The realisation expressed by Samar that if he grabs the cone without asking he may be punished comes from:-
- III. What determined the behaviour of Samar is morally correct and guilt free.

### SECTION- III

22. Raj and Raghu are exceptionally intelligent children of highly successful doctor parents. While Raj is their biological child, Raghu is an adopted one. How can you explain the similarities in their intelligence with their doctor parents? (5)
23. What is projective technique of personality assessment? Describe its advantages and disadvantages. (5)
24. Discuss the factors that lead to positive health and well being? (5)
25. Describe the causes of abnormal behaviour? (5)
26. Discuss the various techniques used in behaviour therapy? (5)
27. Is behaviour always a reflection on one's attitude? Explain with a relevant example? (5)

OR

How can you reduce social Loafing in groups? Describe any one event of social loafing in school. How can you overcome it?

### BLUT PRINT& MARKS DISTRIBUTION

LESSON NO.	SECTION 1 OBJECTIVE QUESTIONS			SECTION II SHORT-ANSWER QUESTIONS		SECTION III LONG ANSWER QUESTIONS	
	MCQ	Match the column	Not	Direct Question	Case based questions	Direct questions	
I	1	1	1	1	-	-	1
II	1	1	-	1	1	1	-
III	1	-	1	1	-	1	-
IV	1	-	1	1	-	1	-
V	1	-	-	1	-	1	-
VI	1	-	-	1	1	-	1
VII	1	-	-	1	-	-	1
No. Of Question Marks	7*1	2*1	3*1	7*2	2*2	4*5	3/2 choice based*5
	7	2	3	14	4	20	10

**Total Marks : 60**