

Home Science –

315

**Syllabus for
CUET(UG)**

For the Year 2026

Theory

Unit I: Work, livelihood and career; Preparation, choices and selection

- Work, age and gender
- Occupational heritage of India
- Career options
- Entrepreneurship and self-employment
- Life skills for career building

Unit II: Career Opportunities

Scope of Human Ecology and Family Sciences in higher education and careers Major concepts, relevance and skills in the following areas.

A. Nutrition, Food Science and Technology

Specific Careers and Areas

- Clinical nutrition and dietetics
- Public nutrition and health
- Catering and food services management
- Food processing and technology
- Food quality and food safety

B. Human Development and Family Studies

Specific Careers and Area

- Early childhood care and education
- Guidance and counseling
- Special education and support services
- Support services for children in difficult circumstances
- Management of institutions and programs for children, youth and elderly

C. Fabric and Apparel

Specific Careers and Areas

- Care and maintenance of fabrics in institutions
- Design for fabric and apparel
- Retailing and merchandising
- Production and quality control in garment industry
- Museumology and textile conservation

D. Resource Management

Specific Careers and Areas

- Human Resource Management
- Hospitality management
- Designing of interior and exterior space
- Event management
- Consumer services

E. Communication and Extension

Specific Careers and Areas

- Management of development programs
- Development communication and journalism
- Media management and advocacy
- Media design and production
- Corporate communication and public relations